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ISBN: 9781482299755 1482299755: OCLC Number: 907089428: Description: xxiv, 446 pages : illustrations (some color) ; 24 cm. Contents: Section 1. Traditional systems of medicine in India : a holistic approach to health --section 2.The pillars of western nutritional science --section 3.Balancing the food and the balanced food --section 4.Conclusion.

Connecting Indian wisdom and western science : plant usage ...

The depth of wisdom that has and still exists within the Native American culture today is astounding. There was no known system of writing within any of the ancient Native American cultures (not until 1821), so the wisdom of these beautiful people continued for hundreds of years (if not longer) by word of mouth.

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The Fundamental Wisdom of the Middle Way

FamilySearch Wiki - Great Indian Warpath. Was a network of ancient Indian pathways with many branches from Mobile, Alabama to Chattanooga, Tennessee to Knoxville, Tennessee to Bristol, Virginia to Roanoke, Virginia along the Appalachian Valley, and beyond by other names. Includes map and some connecting trails.

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Mother Earth's soul resides in greater upstate New York. The area of the old Erie Canal root has a well spring for social justice, spiritual aspiration and divine connection. Listed on this web site are places that we ask that you go pray at to help make a better world and better self.

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