

The Great Cornish Fish Book A Feast Of Recipes Tales And Discoveries From Cornwall's Coastal Larder

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The Great Cornish Fish Book: A Feast of Recipes, Tales and Discoveries from Cornwall's Coastal Larder Paperback – 25 Sep 2015. by Ruth Huxley (Author, Editor), Rosie Willmot (Author, Editor) 4.8 out of 5 stars 7 ratings. See all 2 formats and editions. Hide other formats and editions.

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The Great Cornish Fish Book is a gorgeous, full-colour 168 page book containing tales, recipes and insights from Cornwall's coastal larder. With a foreword by Rick Stein, and exquisite design and photography from Design Room Cornwall and Kate Whitaker, the Great Cornish Fish Book makes the perfect gift or keepsake for anyone who loves Cornwall and its coastline and/or seafood.

The Great Cornish Fish Book

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The Great Cornish Fish Book - Down The Cove

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The Fish Book. Take a trip to the UK's favourite holiday spot; home to over 40 ports, coves and harbours, where fresh Cornish fish and shellfish is landed by men and women who live and breathe the real saltwater lifestyle. Learn the tales, methods and lingo behind an industry that's been a vital part of Cornish life for generations.

About the books : Great Cornish Food

The Great Cornish Fish Book is published and exclusively distributed by Cornwall Food & Drink The official release date of the book is 25th September 2015 ISBN: 978-0-9926586-1-8 Cornwall Food & Drink is an exciting food hub created to encourage, aid and provide crucial

PRESS RELEASE: THE GREAT CORNISH FISH BOOK IS LANDED ...

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Great Cornish Food

Ruth and her team have also written and published two books – The award-winning Great Cornish Food Book and the follow-up Great Cornish Fish Book.

About us : Great Cornish Food

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From an adventurous and discerning new voice reminiscent of Robert Macfarlane, a captivating portrait of a community eking out its living in a coastal landscape as stark and storied as it is beautiful. Before arriving in Newlyn, a Cornish fishing village at the end of the railway line, Lamorna Ash was told that no fisherman would want a girl joining an expedition. Weeks later, the only female on board a trawler called the *Filadelfia*, she is heading out to sea with the dome of the sky above and the black waves below. Newlyn is a town of dramatic cliffs, crashing tides, and hardcore career fishermen-complex and difficult heroes who slowly open up to Ash about their lives and frustrations, first in the condensed space of the boat, and then in the rough pubs ashore. Determined to know the community on its own terms, Ash lodges in a spare room by the harbor and lets the village wash over her in all of its clamoring unruliness, thumping machinery, and tangled nets-its history, dialect, and centuries-old industry. Moving between Ash's surprising, transformational journey aboard the *Filadelfia* and her astute observations of Newlyn's landscape and people, *Dark, Salt, Clear* is an assured work of indelible characters and a multilayered travelogue through a landscape both lovely and merciless. Ash's adventurous glint, her delicate observations, and her willingness to get under the skin of a place call to mind the work of Annie Dillard, Barry Lopez, and Robert Macfarlane. This is an evocative journey and a fiercely auspicious debut.

Mining and Fishing have been the staple industries of Cornwall for two millennia. John McWilliams looks at the rise and decline of Cornish fishing in this new history.

Actress Abbie Cornish and chef Jacqueline King are best friends who bonded over their love of food and self-care. A few years ago, Abbie, a novice cook, asked Jacqueline, a graduate of the culinary program at the National Gourmet Institute, for cooking lessons. Every Sunday, they would take trips to the local farmers' market, spend all day cooking, and then serve these dishes to their family and friends. *Pescan* is an extension of this tradition and all the food they explored together. Their way of eating—which they call *pescan*—is centered on plant-based, dairy-free dishes, but with high-protein seafood and eggs incorporated. The recipes, like Veggie Tempeh Bolognese, Artichoke Hummus with

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Za'atar, and Miso-Ginger Glazed Black Cod, are highly nutrient dense, incredibly energizing, and very accessible. Pescan is a collection of healthy recipes, but it's also a story of friendship, healing, and developing a more positive relationship with food.

Close your eyes and think of a place where the sky meets the sea; where the weather changes from moment to moment; and where the coastline is beautifully rugged and where surf breaks on endless sandy shores. This is Cornwall. In *Sea & Shore*, Emily Scott brings together the magic of this beautiful part of the world, with over 80 simple and seasonal recipes for the home cook. *Sea & Shore* is more than just a cookbook; it shares the connection between food, a sense of place and storytelling. With stunning photography, it translates experience and memories into ingredients that come together as simple, rustic dishes that anyone can easily recreate at home.

Irresistible feasts to share and remember with family and friends from the ocean, fields and clifftops of Cornwall.

Celebrates sea fishing and seafood in Cornwall and the Isles of Scilly/ It uses the words of fishermen and others in the industry to tell the story and look to the future, and includes 21 recipes from top chefs.

A BBC RADIO 4 BOOK OF THE WEEK SHORTLISTED FOR THE WAINWRIGHT PRIZE A SUNDAY TIMES AND FINANCIAL TIMES BOOK OF THE YEAR 'Marks the birth of a new star of non-fiction' William Dalrymple 'A beautiful account of immersion in an alien world' Philip Marsden, Guardian There is the Cornwall Lamorna Ash knew as a child – the idyllic, folklore-rich place where she spent her summer holidays. Then there is the Cornwall she discovers when, feeling increasingly dislocated in London, she moves to Newlyn, a fishing town near Land's End. This Cornwall is messier and harder; it doesn't seem like a place that would welcome strangers. But before long, Lamorna finds herself on a week-long trawler trip with a crew of local fishermen, afforded a rare glimpse into their world, their warmth and their humour. Out on the water, miles from the coast, she learns how fishing requires you to confront who you are and what it is that tethers you to the land. *Dark, Salt, Clear* is a bracing journey of discovery and a captivating portrait of a community sustained and defined by the sea for centuries.

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