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Michael L. Teague received his doctorate in exercise  
science, health, and recreation from the University of  
Northern Colorado. He has been a professor in sport,  
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1975, and teaches courses in health, contemporary nutrition, and nutrition performance for the health sciences program.

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"A gripping ground-level narrative...a marvel of reporting: tightly wound... but also panoramic."—Washington Post "A lean, fast-paced and important account of the chaotic final weeks."—New York Times In *The Steal*, veteran journalists Mark Bowden and Matthew Teague offer a week-by-week, state-by-state account of the effort to overturn the 2020 presidential election. In the sixty-four days between November 3 and January 6, President Donald Trump and his allies fought to reverse the outcome of the vote. Focusing on six states—Arizona, Georgia, Michigan, Nevada, Pennsylvania, and Wisconsin—Trump's supporters claimed widespread voter fraud. Caught up in this effort were scores of activists, lawyers, judges, and state and local officials. Working with a team of researchers and reporters, Bowden and Teague uncover never-before-told accounts from the election officials fighting to do their jobs amid outlandish claims and threats to themselves, their colleagues, and their families. *The Steal* is an engaging, in-depth report on what happened during those crucial nine weeks and a portrait of the dedicated individuals who did their duty and stood firm against the unprecedented, sustained attack on our election system and ensured that every legal vote was counted and that the will of the people prevailed.

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"This collection of 100 original dares will help boys expand their worldview, inspire more respect toward girls and non-binary kids, and generally develop a healthier idea of manhood."--Amazon.

For her entire life, Rafrak, a devout Muslim, had been told that Americans were the enemy. Her understanding of the world, of her place in it, and of the United States had been steeped in the culture of Iraq under the rule of Saddam Hussein. Yet, in the midst of insurgents attempting to kidnap and kill her, she found herself on the receiving end of lifesaving help from those she considered her enemies. Rafrak suddenly finds herself living with a Christian family in the Bible Belt of America. Nothing had prepared her for this new reality—the life of a college student in a vastly foreign culture, in a community as far from her expectations as she could have imagined, and in a family that opens their hearts to enfold her. Saved by Her Enemy is a riveting journey of two very different people from opposite sides of the world, of faith, of experience, and of expectations. The dramatic intersection of their lives and their journey together is an inspiration to those who have ever felt there was more to life than the world they knew. A young Iraqi woman, an American war correspondent, and a true tale of friendship, faith, and family against the backdrop of war and the collision of cultures This is a story of a very unlikely friendship—between American war correspondent Don Teague and Rafrak Barrak, an Iraqi college girl who won a job as a translator for NBC during the early months of violence in the wake of the

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American Invasion of Iraq. While covering a story together, the two were nearly killed by a bomb, an experience that created a bond between them that led them down a path neither could have imagined. What follows is a story of transformation, as Rafrat—from a devout Muslim family—becomes the target of terrorist threats to kidnap and murder her. Don and his fellow correspondents mobilize to help save her life and suddenly Rafrat finds herself on the receiving end of an offer for safety and a new life in the United States. Dramatically transplanted from the streets of Iraq to the Bible Belt of middle America, Rafrat finds everything that she knew—or thought she knew—about herself, her values, her world, even faith and family, turned upside down. Meanwhile, Don; his wife, Kiki; and their children discover they've embarked on an adventure with Rafrat that reshapes their lives. This captivating story inspires us all to join Don and Rafrat in discovering that there is far more to life than the world we know.

Boss Up! will help you put your business on the map and the ideas you've previously only dreamed about into the marketplace. Learn to overcome your fears and guilt to find a fulfillment that changes you and your family for the better—breaking free of the hard and boring and having fun along the way. In Boss Up! Lindsay helps you gain confidence to understand that having ambition doesn't make you a bad wife or mother. That it's okay to have a desire for something more than endless sippy cups, clean-ups, Band-Aids, and groundings. That no matter your education or

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experience, you can tap into your passions and create businesses that give you increased flexibility, fulfillment, and financial security. Lindsay doesn't just do this through commiserating but by giving you the tools for change. Using the lessons she learned on her own path to success, Lindsay shares real, solid business principles with ten distinct success philosophies that you will encounter on the journey to entrepreneurship, such as: Thinking long-term Being unapologetically yourself Use the "unsales" tactic Understand your "why" Lindsay is a stay-at-home mom turned multimillion-dollar-producing business owner, but she doesn't just have a passion for entrepreneurship. She has a deep passion for helping women of all walks of life gain the confidence and skills to tap into their ambition and achieve success in their own business endeavors. Are you ready to Boss Up?

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